



Sholing FC COVID-19 Self-Screen



CHARTER STANDARD
COMMUNITY CLUB

The safety of everyone at Sholing FC is top priority. Each Team will comply with FA Guidance latest update issued 24 March 2021 - <https://www.thefa.com/news/2021/mar/24/fa-guidance-for-return-to-grassroots-football-20210324> (Any queries will be referred to the Sholing FC COVID Officer (Paul Knott) or Sholing Youth FC/Sholing FC Pan Disability COVID Officer (Carly Kinsey). This document needs to be used by every participant prior to any training session or match. The answers to the questions below must be negative for the participant to take part. Each participant (parent if U18) must notify the Manager/Coach that they have completed the Self-Check Consent and are permitted to participate prior to every training session/match. **Every Manager/Coach needs to have a written record of this which needs to be submitted to the Club's COVID Officer upon request.**

Each participant should self-screen prior to arrival at training to ensure they do not have of the following symptoms (confirmed by a parent for those U18), as these are potential indicators of COVID-19 infection	Check Negative	Check Positive
A high temperature above 37.8°C (Some teams may include on-site temperature checking of participants as part of their SOP this is more relevant to clubs who employ medical staff)		
A new continuous cough		
Shortness of breath		
A sore throat		
Loss of or change in normal sense of taste or smell		
Feeling generally unwell		
Persistent tiredness		
Been in close contact with/living with a suspected or confirmed case of COVID-19 recently and therefore should be undertaking a period of isolation as per Government Rules		